

## CURRICULUM VITAE of dr.KOUTSIKOS KONSTANTINOS MD

**Name and surname:** Koutsikos Konstantinos

**Date of birth:** Athens (Greece), 1<sup>st</sup> January 1974

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**Nationality:** Greek

### STUDIES

General High school graduate in 1991 (Lycée Leonin, Athens-Greece)

Graduate in Medicine at the University of Padua (Italy), Novembre the 8th, 2003, presenting the thesis entitled "**Neurosarcoidosis**".

Professional abilitation in Medicine in July 2004, University of Padua.

Between January and June 2003 stage at 2nd Surgery Clinic of Padua University Hospital (director: prof. Mario Lise)

Between May and July 2007 stage at the Neurological Clinic of Cittadella (Padua), with particular attention in EMG, EEG, stroke, demyelinating , degenerative and neuromuscular diseases.

Between September 2007 and June 2009 trainee at IRCCS San Camillo Hospital (Lido-Venice), specialized in Neurorehabilitation, gaining experience in rehabilitation treatment of patients affected by stroke, Cranial traumas, Multiple Sclerosis, ALS, Parkinson's Disease, among other Debilitating neurological disorders.

Between September 2007 and March 2009 attended the outpatient follow-up clinic of Motor Neuron Disease at the "Specialized regional center for Epidemiology and prevention of neuromuscular diseases" of Padua (dir: Prof. Corrado Angelini),

From 1st september 2012 to 30<sup>th</sup> June 2014, intern at the Parkinson's Disease Unit of IRCCS San Camillo Hospital (dir: prof. A. Antonini).

Between June 2009 and June 2014, resident student at the Rehabilitation Unit of The University Hospital of Padua (Italy), specializing in Physical and Rehabilitation Medicine.

Since 1<sup>st</sup> July 2014, specialist in Physical and Rehabilitation Medicine (grade 110/110 with honour), with thesis entitled "**Effectiveness of task specific exercise with Gait trainer in Parkinson' s disease patients with freezing of gait: open label pilot study**"

Since 1<sup>st</sup> December 2014, Md in Neurorehabilitation Unit, San Camillo IRCCS Hospital in Venice Lido (Italy)

Possessor of the UEMS-European Board of Physical and Rehabilitation Medicine certification (November 2013).

Currently employed at the Neurorehabilitation Department, Parkinson's Disease Unit of IRCCS San Camillo, Venice (dir: Francesco Piccione MD)

## SCIENTIFIC ACTIVITY

13<sup>th</sup> November 2008: participation as speaker in the seminar entitled "Rehabilitation in Amyotrophic Lateral Sclerosis" held at the IRCCS San Camillo Hospital, presenting the lesson **"Pharmacological treatment in Amyotrophic Lateral Sclerosis"**

17<sup>th</sup> – 19<sup>th</sup> April 2008: Poster presentation at the SIRN National Congress held in Montecatini Terme (Italy): **"VALUTAZIONE DEL SISTEMA NERVOSO AUTONOMICO CARDIOVASCOLARE NEI PAZIENTI CON SLEROSI LATERALE AMIOTROFICA"**

Lecturer of **"PHYSICAL ACTIVITY IN RHEUMATIC DISEASES"** at the School of Specialization in Rheumatology, University of Padua (Italy)

1<sup>st</sup> October 2010: Participation as speaker at the course "5<sup>th</sup> Update seminar on ALS" held in Padua (Italy) , with the title **"Dysphagia in ALS"**

17<sup>th</sup> December 2011: Lecture at Padua Music Academy, entitled **" Music and health : postural alterations in musicians "**

3<sup>rd</sup> - 5<sup>th</sup> May 2012: Poster Presentation at the 12<sup>th</sup> SIRN Congress held in Milan (Italy): **"Monitoraggio dello stato nutrizionale e discrepanza tra valutazione clinica e strumentale della disfagia orofaringea in una paziente con infarto temporo-frontale sinistro: Caso clinico"**

28<sup>th</sup> May – 1<sup>st</sup> June 2012: Oral presentation of the study entitled **" IMPACT OF REHABILITATION INTERVENTION ON SPINE MOBILITY, FATIGUE, ENDURANCE AND LEVEL OF DISABILITY IN FIBROMYALGIA: A CASE - CONTROL STUDY"** at the 18<sup>th</sup> PRM European congress of Physical & Rehabilitation Medicine, held in Thessaloniki (Greece).

19<sup>th</sup> May 2012: Participation as lecturer a the course "The total knee, hip and shoulder arthroplasty : surgery and rehabilitation" held in Padua (Italy), with the title **"REHABILITATION TREATMENT IN SHOULDER OSTEOARTHRITIS"**

21<sup>st</sup> – 25<sup>th</sup> October 2012: Oral presentation of the study entitled **"IMPACT OF REHABILITATION INTERVENTION ON PAIN, SPINE MOBILITY, FATIGUE, ENDURANCE AND LEVEL OF DISABILITY IN FIBROMYALGIA: A CASE - CONTROL STUDY"** at the 6<sup>th</sup> Mediterranean Congress of PRM held in Sorrento (Italy).

13<sup>th</sup> December 2012: Participation as lecturer at the course **"Clinico e paziente nella Malattia di Parkinson: la multidimensionalità nella pratica clinica"**, held in Padua (Italy), with the title **"Rehabilitation of Posture in Parkinson's patients"**

27<sup>th</sup> June 2013: Participation as speaker at the event **"Venice Summer School for Parkinson's Disease"**, held in Venice in 26-29 June 2013, with the title **"Rehabilitation needs – Clinical Cases"**

8<sup>th</sup> March 2014: Participation as lecturer at the course **"4° CORSO DI RIABILITAZIONE E NEUROFISIOLOGIA CLINICA"**, held at Abano terme (Padua-Italy), with the title **"Principi di riabilitazione nella malattia di Parkinson"**

## RESEARCH - PUBLISHED ARTICLES

- "Clinical and neurophysiological prognosis of recovery of consciousness from post-traumatic vegetative state"
- "Mild cognitive impairments in non-demented ALS patients: A neuropsychological and ERPS study"
- "Muscle histopathology in Upper motor neuron-dominant Amyotrophic Lateral Sclerosis", AMYOTROPHIC LATERAL SCLEROSIS magazine, June 2008
- "TDP-43 in skeletal muscle of patients affected with Amyotrophic Lateral Sclerosis", AMYOTROPHIC LATERAL SCLEROSIS magazine, March 2009
- "P300-based brain-computer interface communication: evaluation and follow-up in amyotrophic lateral sclerosis".
- "Is there room for new non-dopaminergic treatments in Parkinson's disease?", J Neural Transm. 2013 Feb;120(2):349-52.
- "Effects of rotigotine on Parkinson's disease-related sleep disturbances", Expert Opin Pharmacother. 2013 Dec;14(18):2571-80.
- "Medium-/long-term effects of a specific exercise protocol combined with patient education on spine mobility, chronic fatigue, pain, aerobic fitness and level of disability in fibromyalgia"; Biomed Res Int. 2014;2014:474029
- "Overground robot assisted gait trainer for the treatment of drug-resistant freezing of gait in Parkinson disease"; J Neurol Sci. 2015 Aug 15;355(1-2):75-8. doi: 10.1016/j.jns.2015.05.023. Epub 2015 May 29.
- "Anatomical and functional correlates of persistent pain in Parkinson's disease" (Polli A<sup>1,2</sup>, Weis L, Biundo R, Thacker M, Turolla A, Koutsikos K, Chaudhuri KR, Antonini A). Mov Disord. 2016 Dec;31(12):1854-1864.
- "Is the aquatic thermal environment a suitable place for providing rehabilitative treatment for person with Parkinson's disease? A retrospective study" (Masiero S., Maghini I., Mantovani ME., Bakdounes L., Koutsikos K., Del Felice A., Sale P.). Int J Biometeorol. 2018 Nov 5. doi: 10.1007/s00484-018-1632-1

## LANGUAGES

Fluency in spoken and written Italian, English (PROFICIENCY IN ENGLISH), and French (DIPLÔME DE LANGUE ET LITTÉRATURE FRANÇAISES -Sorbonne II). Native language: Greek.

*- I authorise the use of my personal data in compliance with Legislative Decree 196/03 -*

Best Regards

***Dr. Koutsikos Konstantinos MD***